NSW Seniors Festival 27 Jan - 12 Feb 2023

Join the largest celebration for seniors in the southern hemisphere.

Try something new, meet new people and have a great time at hundreds of FREE and discounted events.

Visit **W singleton.nsw.gov.au** to find an activity for you.



Scan the QR code to find an activity for you!





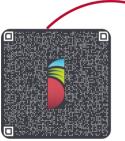


NSW Seniors Festival

Festival of Small Halls Friday 27 January 2023 Mitchells Flat Hall 6.30pm doors open. Show starts at 7pm. Accessible venue

Emily Lubitz and The Paul McKenna Band

Hand-held food such as chicken burgers and beef and gravy rolls will be available at the Hall from 6.30pm, catered by The Lions Club of Singleton Lionesses. Bar Service will be available at the Hall from 6.30pm, catered by the Glendonbrook/ Mitchells Flat RFS.



Ticket:

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Full Admission – \$25

 Concession Admission (Pensioners, Health Card holders Students) – \$20

 Child Admission (Aged 16 and Under – must be accompanied by a responsible adult) – \$15



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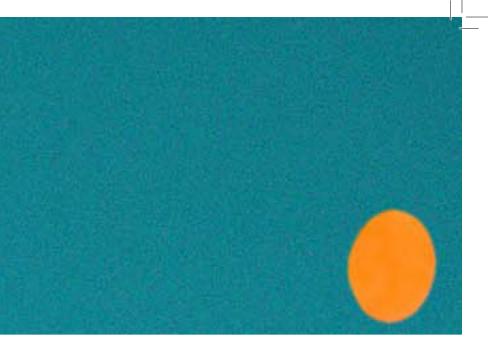
Workshop Singleton Arts and Cultural Centre From Nature to Abstraction with Christopher Dewar 10.30 – 12.30pm | Thursday 2 February 2023

Singleton Arts and Cultural Centre invites you to join artist Christopher Dewar for a practical workshop that explores the process of creating abstract art. Drawing on the methods that feature in his exhibition 'Rest Here', Christopher will guide participants through simple steps to create a finished abstract painting. Beginning with flowers and foliage from the Singleton area, the group will create a still life sketch on paper. Participants will each work through compositional processes to create a finished abstract painting that is intrinsically linked to place. This workshop is open only to seniors and all materials will be supplied.

SACC Chat Singleton Arts and Cultural Centre Photography: History and Truth with Faye Neilson 10.30 – 12pm | Wednesday 8 February 2023

We live in a time when photographs are shared quickly through online media and images can be altered and corrected imperceptibly in an instant. What does this mean for the tradition of photography as documentation and how do photographs relate to truth? Join us at the Singleton Arts and Cultural Centre for a talk about the truth-bending history of photography as an artform. Morning tea will be available from 10.30am with the talk to begin at 11am.

Singleton Swim + Gym Seniors Aqua Aerobics + Morning Tea 9am – 11am | Saturday 4 February 2023







NSW Seniors Festival

Artwork Exhibition + Luncheon 11am - 1pm | Thursday 9 February 2023 **Singleton Public Library**

All local Seniors are invited to pick up a free 40 x 50 cm canvas from Singleton Library and create an artwork referencing the theme I appreciate the colour in my life.

All created works of art will be displayed at Singleton library throughout February 2023, with the collection officially launched at Council's Senior's Week luncheon at the library on Thursday 9 February 2023.

Completed canvasses are to be returned to the library by Wednesday February 1 2023.

Bookings Essential

Seniors Rights Event 11am - 12pm | Wednesday 8 February 2023 Singleton Public Library

Talk and display by Seniors Rights Service Singleton

Men's Shed Open Day + BBQ

More information to come, see the website for details.

U3A Events

U3A is a worldwide organisation that offers activities and courses for people over the age of 45years. U3A Singleton have a range of activities available, membership is \$30 per year for as many activities as you wish to attend.

During Seniors Week, you are invited to attend any of the following activities for FREE to see if you would like to join and be part of an active organisation that offers friendship and an opportunity to meet new people. If you would like to attend any or all of these courses please let Sue know on M 0409 369 102.

Balance and Bones

A gentle exercise class 10 - 11am Monday 6 February 2023 Singleton Golf Club

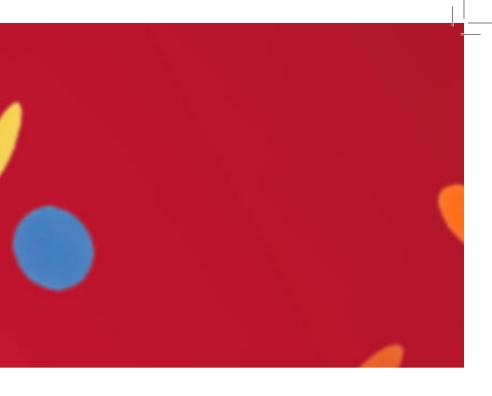
Road

Yoga

11am - 12pm Monday 6 February 2023 Singleton Golf Club

Ambling Around

A gentle 1 hour walk around downtown Singleton 8am Tuesday 7 February 2023. Meet at Singleton Public Library



Mah Jong

1.30 - 3pm Tuesday 7 February 2023 Singleton Public Library

Wednesday Walkers

A brisk one hour walk around Singleton Heights Wednesday 8 February 2023 8am. Meet at corner of Bridgman + Wattle Ponds

Current Affairs

A lively discussion 1.30 - 3pm Wednesday 8 February 2023 Singleton Public Library

Art for Pleasure

Draw, paint, colour in - it's your choice! 10amFriday 10 February 2023. Singleton Public Library

For more information contact Singleton Council on:

T 02 6578 7290E council@singleton.nsw.gov.auW singleton.nsw.gov.au

12 - 14 Queen Street Singleton NSW 2330





