



# **GROWING UP FAST**

#### Colleen Gale School Photos.

This year School Photos will look a little different due to the restrictions with Covid.

The service will be taking individual photos and class photos and loading them to a USB for families.

Please keep an eye out for further details.

#### Christmas Care Form

Please click anywhere on this box linking you to an online form.

Please indicate your care requirements for the week 21 – 24 December 2020. this will allow us to determine staffing levels leading in to Christmas.







Vacation care has been a blast with children exploring a range of activities.

It's been very hands on experimenting with slime, constructing with recycled materials, crafting and stretching their legs with long jump in the sandpit.

One of the highlights of the week was "Minute to win it", which challenged the children to focus on beating the timer and work together. The children aimed to get through a series of activities including ping pong, search amongst the slime blindfolded, musical chairs and the save Humpty Dumpty challenge.

Throughout the holidays we've seen friendships grow and children challenge themselves with their confidence by exploring new interests. Having the opportunity to be independent throughout the holidays has promoted self-esteem and self-worth in the children allowing them to confidently make choices themselves and with others.



### MEET GRACE DUNN

Welcome to the Children's Services team.

Grace has a background of Early Childhood Education and realestate. Grace is looking forward to gaining experience with school aged children and building strong, trusting relationships with the OOSH families over the coming years.





#### **NURSERY ROOM**

The children loved the introduction of goop into their play. They were fascinated with the texture and feel of the goop.

They experimented by grabbing handfuls, then watched it run through their fingers. Many children watched intently as some made handprints on the concrete after playing in the goop and even used it as face paint. Sensory play encourages children to manipulate and shape materials, building their fine motor skills and coordination.

#### JUNIOR ROOM

A focus on exploring the different musical instruments has been on show recently. The children banged their hands on the drums to make sounds, then moved onto using the tapping sticks on the drums and xylophones. We added music from the stereo, with the children playing their instruments to the beat.

Through this experience it allowed the children to explore the different sounds that the instruments make.





#### PRESCHOOL ROOM

Caring for our garden and all the creatures they are finding in our natural environment has been the interest of late

We have learnt about:

- Different herbs, edible and non-edible plants and how to identify them.
- Life cycle of plants and insects
- How to document the changes they see in the environment.
- How to care for plants and what they need in order to grow.
- Correct names for plants and medicinal purposes such as Lavender (antiseptic to bug bites, reduce stress and insomnia) and eucalyptus (aroma helps to relieve cold and flu symptoms).
- Water conservation.
- Habitats of the local insects and animals
- To identify harmful insects and nonharmful insects.
- What flowers attract bees and why we need bees in our environment.

Caring for our garden has become a part of our daily routine and rhythm.





At Singleton Mobile Preschool, we continued to engage the children in experiences that support their developing skills. As we look towards the end of the year, it is important that we are encouraging the children to strengthen the foundation skills needed for the transition to formal schooling.

We continued to explore the bean bag throw game with the children working together to successfully throw the bean bags into the goals. We also introduced stilts to the children's learning environment. Stilts encourage children to develop their balance, hand-eye and foot-eye coordination skills, and their core strength. These skills are important for their physical development but also support their emerging literacy skills of sitting and writing.

The children have continued mean-making experiences by exploring the paint and collage materials at the large easel. Using the creative arts to express meaning is a freeing and important skill for children to develop and learn.

Creative arts provides children with the opportunity to explore their thoughts and opinions in an abstract way. It supports their thinking as documenting thoughts in pictures rather that words is a faster and easier form of communication. For example, explaining what your house looks like takes longer to do using oral language than using the creative arts to express it.



# What do you think of our menu?

https://tinyurl.com/y5s62kcv







# Easy five cup loaf

Ingredients	
Self-raising Flour	1 Cup
Brown Sugar	1 Cup
Desiccated Coconut	1 Cup
Sultanas	1 Cup
Milk	1 Cup

#### Method

- 1. Pre-heat oven to 180°C. Line a loaf tin with baking paper and set aside.
- 2. Mix all ingredients in a bowl.
- 3. Pour into lined tin.
- 4. Bake for 40-45 minutes until cake springs back when lightly touched in the centre.









## **Car safety**

Correct fitting car seats need to be considered to keep children safe when travelling in cars.

#### The national child restraint laws are:

- Children up to the age of six months must be secured in an approved rearward facing restraint
- Children aged from six months old but under four years old must be secured in either a rear or forward facing approved child restraint with an inbuilt harness
- Children under four years old cannot travel in the front seat of a vehicle with two or more rows
- Children aged from four years old but under seven years old must be secured in a forward facing approved child restraint with an inbuilt harness or an approved booster seat
- Children aged from four years old but under seven years old cannot travel in the front seat of a vehicle with two or more rows, unless all other back seats are occupied by children younger than seven years in an approved child restraint or booster seat
- Children aged from seven years old but under 16 years old who are too small to be restrained by a seatbelt properly adjusted and fastened are strongly recommended to use an approved booster seat
- Children in booster seats must be restrained by a suitable lap and sash type approved seatbelt that is properly adjusted and fastened, or by a suitable approved child safety harness that is properly adjusted and fastened.

If your child is too small for the child restraint specified for their age, they should be kept in their current child restraint until it is safe for them to move to the next level.

If your child is too large for the child restraint specified for their age, they may move to the next level of child restraint.



**Up to 6 months**Approved rear facing child car seat.



6 months to 4 years
Approved rear or forward
facing child car seat.



**4+ years**Approved forward facing child car seat or booster seat.



145cm or taller
Suggested minimum
height to use adult lapsash seatbelt.





