



# WELCOME BACK

## A new school year

Welcome back to all our families. The year is racing along with us already in February. The children are settling well in to care at all services. Hopefully our new Kindy children are enjoying school and OOSH for the first time.

All services are also welcoming new children and working with families to ensure a smooth transition. If you have any questions relating to your child/ren and the year ahead please talk to staff at any time.

Our Enrol system is now running well; there have been a few glitches while we all get to know the program. Enrol is an easy way for parents to report absences and to book casual days. If your child is going to be absent please go to the "My Family Lounge" app on your phone and mark them absent, this will assist any families looking for casual days, especially in OOSH when we are at full capacity.

In relation to OOSH please ensure your child has a booking before sending them to care. Please ring and speak to staff if you are unsure to confirm. Unfortunately, if children arrive with no booking they will be unable to attend the service.

## IMPORTANT DATES

### Parent Information Night

Tuesday 19 March 2019  
 6.30-7.30PM  
 Colleen Gale

### Clean up Australia Day

Friday 1 March 2019

## REMINDERS

In line with Centrelink CCS we are now charging accounts fortnightly, please ensure your fees remain paid 2 weeks in advance at all times.

Please chat with staff about your child's learning and development, as we aim to work with families in planning your child's individual programs.

As per our sun safe policy children are required to wear and bring spare 'Sun Safe clothing' ie shirts and dresses with sleeves that cover their shoulders, wear a wide brimmed hat and have sunscreen.



## Long Daycare

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A big farewell to the children who have gone off to Kindergarten this year, and we wish you all the best for your next learning journey. We'd love if you called in one day and show us how grown up you look in your new school uniforms.

Preschool Room children are currently participating in a 4 week program 'Shake A Leg' each Monday delivered by Jade Perry from NSW Health. The program educates children on nutrition, hygiene, oral health and physical activity through hands on experiences, literature, songs and dance.

Junior Room children have been learning about lizards, and have keenly watched our resident Bearded Dragon when it visits the playground.

Nursery Room children are all enjoying their time outdoors exploring sand and dirt. The younger bubs are getting many cuddles and bonding with their new carers, as well as being the centre of attention when the older children visit the room.

## Mobile Preschool

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The morning fruit/vegetable break is in full swing.

Children have had the opportunity to assist with preparation, as we introduce child safe knives into the routine. They are really developing a sense of independence as they choose their own food from the platter and washing up their plates when they are finished.

Parents can you please leave the piece of fruit in the basket provided of a morning, so it can be included when arranging the platter.



Help make us the best childcare service possible!  
Find our online survey at:

<https://www.surveymonkey.com/r/SWW6CLX>



## OOSH

Physical activity and wellbeing has been a focus within the OOSH environment recently, with the children learning a Yoga relaxation program in the morning to help them get ready for school.

Some children have shown an interest in obstacle courses and have been setting up their own using a range of equipment outdoors. This is now moving to the interest in Parkour which involves running and jumping on obstacles, with flips and turns. These obstacle courses are allowing this experimentation in a safe environment.

The children have also been enjoying a group game derived from indigenous history. These include Wingara, which is similar to Pictionary. Turi Turi, which is a skipping game and Mer kola, which is looking at throwing bean bags into hoops.

As new younger children start at OOSH it has been wonderful to see the older children helping them settle this new school year. They have guided them with routines and assisting them in play. It is so rewarding to see their inclusive and caring nature.



### LETS REDUCE THE SPREAD OF LICE

Did you know lice are spread by direct head-to-head contact and eggs can take 7 – 10 days to hatch?

#### **Ways to reduce the chance of contracting lice:**

- Check your child's hair daily
- Tie long hair up
- Preventative sprays available from chemists

#### **What to do if your child contracts lice or eggs:**

- Begin treatment immediately
- Check other family members
- Notify the childcare service
- Recheck hair every couple of days
- Once hair is treated, children can attend our services

#### **What precautions we will take:**

- Reducing head-to-head contact between children
- Inform families when there is an outbreak
- Provide education and fact sheets to families